

Platz	St.Nr.	Zeit	M/W	Name, Vorname	Verein	AK	Pl.AK
1	1	00:31:14.3	M	Elsing, Thomas	Marathon Dinslaken	M45	1
1	45	00:35:07.8	W	Warnecke, Ulla	Marathon Dinslaken	W55	1
2	2	00:37:23.1	W	Elsing, Anke	Marathon Dinslaken	W45	1
3	48	00:37:24.6	W	Häusler, Sandra	Marathon Dinslaken	W40	1
4	308	00:38:11.3	W	Krone, Lucija		W60	1
5	237	00:41:01.7	W	Hitzler, Claudia	OSC 04 Rheinhausen	W50	1
6	63	00:41:32.7	W	Parchem, Elke	Sparda-Bank West eG	W50	2
7	122	00:42:02.1	W	Gappmaier, Gaby	Die Asphaltstreicher	W55	2
8	107	00:43:11.5	W	Peters, Alexandra	Johanniter-Krankenhaus Rheinha...	W40	2
9	106	00:43:11.8	W	Hermann, Cordula	Johanniter-Krankenhaus Rheinha...	W50	3
10	108	00:43:12.4	W	Nühlen, Ellen	Johanniter-Krankenhaus Rheinha...	W55	3
11	300	00:43:15.2	W	Schmidt, Karina		W60	2
2	142	00:44:15.2	M	Peters, Udo	Bayer Uerdingen 08	M65	1
12	236	00:44:36.2	W	Pawelczak, Marion	OSC 04 Rheinhausen	W60	3
13	323	00:44:41.8	W	Anftrzzko, Heike		W55	4
3	322	00:44:41.9	M	Andretzko, Olive		M55	1
14	251	00:44:42.9	W	Overfeld, Rita		W60	4
15	250	00:44:43.0	W	Beutelt, Heike		W50	4
16	238	00:44:44.0	W	Schüßler, Ellen	OSC 04 Rheinhausen	W55	5
17	44	00:46:50.2	W	Koch, Melanie	Stern-Apotheke-Essen	W40	3
4	193	00:47:14.4	M	Kinne, Martin		M60	1