



Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	Min/KM
1		00:18:47	736	Harder, Jens		Eintracht Duisburg	1968	03:45,4
2		00:18:57	740	Langhanki, Gerd		OSC Waldniel	1966	03:47,4
3		00:19:23	590	Schrörs, Thomas		Krefeld	1973	03:52,6
4		00:20:55	679	Bleckmann, Jan		OSC 04 Rheinhausen	1992	04:11,0
5		00:21:02	718	Falke, Dieter		Duisburg	1955	04:12,4
6		00:21:16	518	Jentzsch, Daniel		Duisburg	1988	04:15,2
7		00:21:28	516	Jentzsch, Uwe		Duisburg	1955	04:17,6
8		00:21:32	626	Biella, Burkhard		ohne	1955	04:18,4
9		00:22:10	737	Kirchhoff, Simon		Duisburg	1986	04:26,0
10		00:22:22	595	Riemann, Michael		Duisburg	1971	04:28,4
11		00:22:26	694	Winter, Heinz		LG Hünxe	1940	04:29,2
12		00:22:29	741	Ganz, Bertram		Moerser TV	1957	04:29,8
13		00:23:46	620	Scherhag, Michael		Duisburg	1961	04:45,2
14		00:23:53	502	Gregoric, Tim		Kamp-Lintfort	1995	04:46,6
1	W	00:23:55	511	Basalla, Katrin		LG Finanzamt DU-West	1979	04:47,0
15		00:24:03	539	Vahland, Marvin		Duisburg	1995	04:48,6
16		00:24:19	729	Otermann, Ulrich		Moers	1949	04:51,8
17		00:24:41	767	Brunke, Dieter		Rheinhausen	1954	04:56,2
18		00:24:51	751	Topolski, Andreas		Moers	1968	04:58,2
19		00:24:54	684	Laur, Dominik		OSC 04 Rheinhausen	1994	04:58,8
20		00:25:01	656	Petry, Dr. Jochen		Duisburg	1948	05:00,2
21		00:25:12	744	Schäfer, Andre		Rumelner TV	1980	05:02,4
22		00:26:14	747	Michalke, Rainer		Mettmann	1957	05:14,8
23		00:26:28	598	Petri, Wolfgang		Duisburg	1965	05:17,6
2	W	00:26:39	721	Meinke-Henn, Sabine		Duisburg	1964	05:19,8
3	W	00:26:53	739	Langhanki, Ute		OSC Waldniel	1969	05:22,6
4	W	00:27:35	746	Sehl, Vanessa		Duisburg	1991	05:31,0
24		00:27:41	734	Hildmann, Thomas		Duisburg	1971	05:32,2
25		00:27:48	730	Gottschling, Alexander		Duisburg	1998	05:33,6
26		00:27:49	661	Stellbrink, Berthold		Duisburg-Rahm	1960	05:33,8
27		00:27:50	655	Grzibek, Siegfried		EFG Duisburg-Mitte	1953	05:34,0
5	W	00:27:52	597	Melchiorre, Cosima		Duisburg	1963	05:34,4
6	W	00:28:56	505	Andres, Anke		LG Finanzamt DU-West	1965	05:47,2
7	W	00:29:33	705	Bevc, Julia		OSC 04 Rheinhausen Handball	1993	05:54,6
28		00:29:35	621	Heinen, Mark		Ski-Club Cronenberg 1929	1989	05:55,0
8	W	00:30:17	665	Weber, Kathrin		Duisburg	1981	06:03,4
9	W	00:30:33	704	Dahm, Mariska		OSC 04 Rheinhausen Handball	1993	06:06,6
10	W	00:30:34	709	Preiß, Annika		OSC 04 Rheinhausen Handball	1992	06:06,8
11	W	00:30:39	722	Falke, Brigitte		Duisburg	1958	06:07,8
12	W	00:30:50	668	Denzin, Katja		Duisburg	1980	06:10,0
13	W	00:30:50	703	Dahm, Martina		OSC 04 Rheinhausen Handball	1965	06:10,0
14	W	00:31:39	708	Macchia, Jessica		OSC 04 Rheinhausen Handball	1993	06:19,8
15	W	00:31:40	706	Buschbaum, Laura		OSC 04 Rheinhausen Handball	1993	06:20,0
29		00:31:43	506	Andres, Thomas		LG Finanzamt DU-West	1962	06:20,6
16	W	00:31:47	636	Schmidt, Tanja		Rumelner TV	1971	06:21,4
17	W	00:31:52	637	Gärtner, Marion		Rumelner TV	1966	06:22,4
30		00:31:53	663	Weingran, Hans		Duisburg	1943	06:22,6
18	W	00:35:28	707	Cinar, Eylen		OSC 04 Rheinhausen Handball	1993	07:05,6